

SUBJECT	Student Mental Health
<p>BACKGROUND</p> <p>The <i>Strengthening Accountability and Student Supports Act, 2024</i> received Royal Assent on May 16, 2024. This legislation amended the <i>Ministry of Colleges and Universities Act</i> (the “Act”) with new requirements for Ontario’s publicly-assisted colleges and universities to have a student mental health policy in place. Policies must describe the programs, services, and supports available with respect to student mental health.</p> <p>The Act requires each institution to publish its Student Mental Health policy on its website and make a copy of the policy available to anyone who requests it. The institution must review its Student Mental Health Policy at least once every five years and amend it as appropriate. Each institution must provide its Board of Governors with an annual report on the implementation and effectiveness of its Student Mental Health Policy in the preceding year.</p> <p>POLICY</p> <p>The purpose of this policy is to provide information about programs, services and supports with respect to student mental health at Northern College of Applied Arts and Technology (“Northern” or the “College”).</p> <p>SCOPE</p> <p>This policy applies to all students of the College as defined by this policy. The policy outlines the College’s principles and commitments to student mental health and well-being and information on programs, policies, services and supports available with respect to student mental health resources available through the College or through formal partnerships with external service providers.</p> <p>DEFINITIONS</p> <p>Student – means any individual who is enrolled or registered for study at Northern. Individuals who are active in a program, but not enrolled in classes for a particular term (e.g., on a vacation or co-op term) are considered to have a continuing student relationship and are included in the definition of student.</p>	


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<p>Enrolled – means having current or future classes, placements or other academic activities included in the student’s account.</p> <p>Registered – means having accepted an offer of admission, created a student account and paying tuition and/or required fees.</p>	
<p>PRINCIPLES/GUIDELINES</p> <p>Principles/Commitments to Student Mental Health</p> <p>Northern is committed to a strategic, holistic approach to community wellness, including student mental health and well-being. The College’s principled commitment to student and community well-being is grounded in several dimensions of wellness: physical wellness; spiritual wellness; cultural wellness; emotional wellness; intellectual wellness; social wellness; occupational wellness, and financial wellness.</p> <p>College Student Mental Health Programs, Services, and Supports</p> <p>The College is committed to providing a range of student-centred programs and services to address student mental health needs. These programs and supports include pro-active measures to raise awareness of mental health issues, encourage constructive help-seeking, reduce stigma, and foster and build capacity around mental health flourishing and the social determinants of mental and emotional well-being. The College is also committed to responding to accommodation needs related to student health-related disabilities, mental illness and mental health languishing through a comprehensive system that will allow for outreach to supports and services that provide interventions, treatment, and the facilitation of access to appropriate response services reflective of student mental health needs.</p> <p>The College shall make available an inventory of student mental health programs, services, and supports as an appendix to this policy (See Appendix A).</p> <p>Information regarding the process to access identified services shall be made publicly available to students and other community members through College webpages and through multiple service offices at the College.</p>	

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<p>College Review and Reporting on Student Mental Health Programs, Services and Supports</p> <p>In accordance with the privacy guidelines identified in this policy and other statutory privacy obligations, the College shall collect data regarding student mental health through service use statistics and participation in health promotion/well-being programming.</p> <p>The College shall provide opportunities for voluntary student feedback and input on mental health services and mental health needs through student experience surveys and other quantitative and qualitative data collection tools.</p> <p>The College shall report on an annual basis to the Northern College Board of Governors and to the Ministry of Colleges and Universities the following regarding student mental health programs, services, and supports:</p> <ul style="list-style-type: none"> • Anonymized service usage data. • An impact report identifying trends in student mental health needs and any relevant plans to address identified gaps in service needs or emerging trends. <p>Privacy and Confidentiality</p> <p>The College shall ensure the privacy and confidentiality of students accessing mental health services in accordance with the service area confidentiality procedure and protocols and all statutory and regulatory privacy obligations. College employees shall abide by the terms set forth in the Confidentiality Acknowledgment Policy.</p> <p>Policy Review and Amendment</p> <p>This policy will be reviewed every five years commencing from the date of its approval.</p> <p>The review and amendment process will include consultation with representatives of the College community, including a diverse selection of students as well as input from College employees (faculty, support staff and administration).</p>	

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<p>RESPONSIBILITY</p> <p>The policy owner(s) or delegates shall have authority to amend the supports and services as contained in Appendix A to this policy without prior authority of the Northern College Board of Governors.</p> <p>STATEMENT OF ACKNOWLEDGEMENT</p> <p>Northern College wishes to acknowledge the work of Sheridan College.</p> <p>REFERENCES</p> <p>Confidentiality-Acknowledgment-Policy (available upon request). HR-9-Sexual-Violence-and-Sexual-Harassment-Policy HR-9-Sexual-Violence-and-Sexual-Harassment-Procedure Psychological-Health-Safety-in-the-Workplace-Framework-Mental-Health-March-1-RV1-FINAL.pdf HR-12-Psychological-Health-Safety-in-the-Workplace-Policy.pdf HR-13-Respectful-College-Community-Policy HR-13-PR XX Respectful-College-Community- Student Complaints Procedure Mental Health Advising – Northern College Behaviour Intervention Team – Northern College Student Handbook – Northern College Accessibility Services – Northern College Indigenous Services & Initiatives – Northern College</p> <p>APPROVED BY PRESIDENT</p> <div style="display: flex; justify-content: space-between;"> <div style="width: 45%;">  <hr style="border: 0; border-top: 1px solid black; margin-bottom: 5px;"/> <p>Mitch Dumas President & CEO</p> </div> <div style="width: 45%; text-align: right;"> <p>January 30, 2025</p> <hr style="border: 0; border-top: 1px solid black; margin-bottom: 5px;"/> <p>Date</p> </div> </div>	

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APPENDIX A: Student Mental Health Supports and Services
College Supports and Services

Advising Services includes Accessibility Services:

[Advising Services – Northern College](#)

- **Timmins Campus:** (705) 235-3211 advisingtc@northern.on.ca
- **Kirkland Lake Campus:** (705) 567-9291 advisingkl@northern.on.ca
- **Haileybury Campus:** (705) 672-3376 advisingserviceshl@northern.on.ca
- **Moosonee Campus:** (705) 335-2913 advisingJB@northern.on.ca

Student Health Services

[Student Health Plan Benefits – Northern College](#)

- **Timmins Campus:** student access to physician and counselling services: East End Family Health Team (705) 235-3211 ext 6900
- **Haileybury Campus:** Student Health on Campus Drop-In Services for Doctor on Campus, Victim Services and by appointment

Community Supports and Services

Timmins Youth Wellness Hub: [Schedule - Timmins Youth Wellness Hub](#)

Canadian Mental Health Association

- **Timmins:** (705) 267-8100/ (705) 264-5202
- **Kirkland Lake:** (705) 567-9596
- **New Liskeard/Haileybury:** (705) 647-4444

Community Mental Health

- **Moosonee:** (705) 336-2164

Post-Secondary Mental Health Information

Center for Innovation in Campus Mental Health: campusmentalhealth.ca

Talk Campus: <https://www.talkcampus.com/sign-up>

Community Crisis Services

Mobile Crisis Response Team

- **Kirkland Lake and Temiskaming:** 1-833-456-4566 toll free or 911

Mobile Rapid Response Crisis Team

- **Timmins:** 911
- Timmins and District Hospital Emergency Department

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Virtual Mental Health Services

- <https://www.talkcampus.com/sign-up>
- [Suicide Crisis Helpline](#) (dial 9-8-8)
- Good2Talk.ca
- [Northeastern Ontario Structured Psychotherapy Program](#)

Hope for Wellness Helpline: (First Nations, Metis and Inuit individuals):
1-855-242-3310 (toll- free) or connect to the [online Hope for Wellness chat](#)

NAN Hope Mental Health Crisis Line: 1 844-NAN-HOPE (626-4673)

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